



# INTEGRATE-HTA

## Scoping as a means to systematically involve stakeholders in Health Technology Assessment (HTA)

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Dario Sacchini & Kati Mozygemba*

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# INTEGRATE - HTA

The project **aims** to develop methods for a

- comprehensive
- patient – centered and
- integrated assessment for complex healthcare technologies

Recognized that **scoping** conducive to achieve these goals

Pilot to test methods on case study of **palliative care**



# Purpose of the panel session

To share with you:

- What do we **mean** by scoping
- How **to do** a scoping exercise
- What **kind of results** do you get
- How these results **relate to HTA**
- **Why** you want to do a scoping exercise

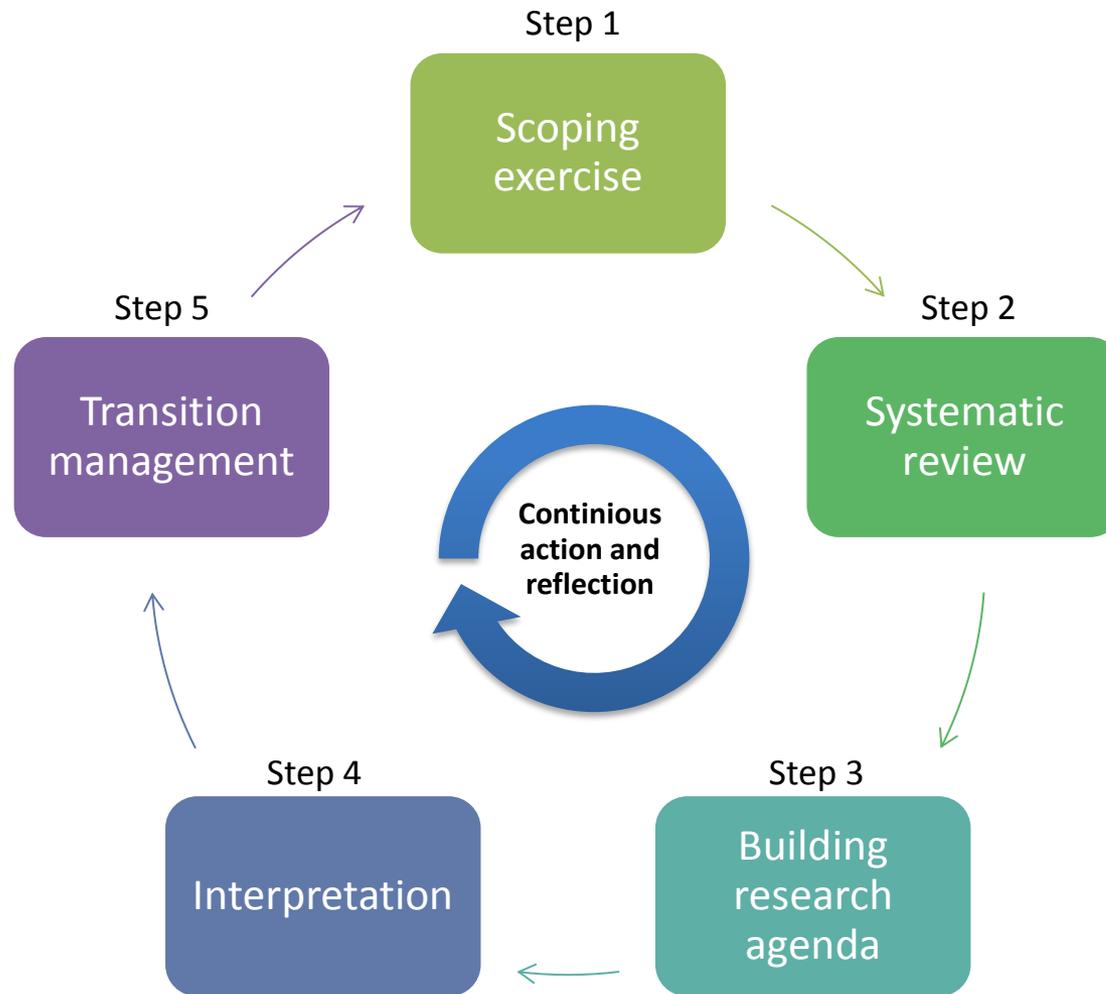
# Structure of the panel session

- Rationale of the panel session / subject
- Results of a scoping exercise five European countries
  - England
  - Norway
  - Italy
  - Germany
  - The Netherlands
- Relation of the results with HTA
- Discussion

# Rationale of a scoping

**Scoping** is a process to indentify key issues of concern at an early stage in assessment

- Stakeholder involvement is crucial throughout the various stages of health technology assessment (HTA)
- Stakeholder involvement can lead to an HTA that better meet people's needs and is more likely to be put into practice
- Little is known as to how this can be achieved in a systematic, culturally sensitive way



# Stakeholder consultation

Country		Methods
England		<b>Structured approach</b> Individual or group, face-face meetings using the EUnetHTA core model.
Norway		
Italy		
Germany		<b>Semi-structured approach</b> Qualitative focus groups and face-face interviews were conducted (using nominal group technique and categorical coding procedure informed by a Grounded Theory approach).
The Netherlands		

Other participating countries: Poland



Lithuania





# INTEGRATE-HTA

## Stakeholder Advisory Panels (SAPs) in England

*Louise Brereton, James B Chilcott  
(presenter: Marcia Tummers)*



The  
University  
Of  
Sheffield.



# Participants

Stakeholders characteristics	Professionals	Patients
Sex	9 Male & 25 Female	10 Male & 10 Female
Age range (mean)	28-66 (48.3) 33 responses	32-89 (66.15)
Ethnicity	31 White, 2 African, 1 Mixed – White and Black Caribbean	19 White & 1 Asian-Indian
Religion	19 Christian, 12 'None', 3 not asked	13 Christian, 1 Hindu, 3 'None' 3 non-response
Experience	Palliative / specialist palliative care & end of life care (nursing, medicine education, Rehabilitation, community nursing, Research into end of life care in the community Nursing home / dementia care)	2 Patients; 1 both a patient and carer; 2 carers; 2 ex-carers; 6 family members; 2 friend / close other & 5 members of palliative care group
Years of experience in palliative care – Range (mean)	3 months-43 years (18.8 years based on 31 responses)	1-16 (8.86) based on 15 responses – 8 were currently involved with palliative care services

# Examples of key issues raised (1)

## Availability & Accessibility of Palliative Care

- Increase availability of palliative care services for all groups as the focus has been on patients with cancer & rural areas are under served.
- Increase accessibility of palliative care services (e.g. to ethnic minorities, people with non-cancer diagnoses, those with mental health problems or learning disability and those in nursing homes).
- Ensure timely access to palliative care / specialist support services.

# Examples of key issues raised (2)

## Cost effectiveness of palliative care

- Determine the best way to fund palliative care services.
- Determine whether palliative care services are good value for money.
- Identify ways to measure the direct and indirect costs and cost effectiveness of palliative care services.

# Examples of key issues raised (3)

## Family (Lay) Carers / caring

- Improve assessment of carer's needs.
- Provide training and support for family (lay) carers.

# Lesson learned

- Stakeholders were willing to participate in the stakeholder advisory panels & had much advice to offer based on their experience of palliative care.
- Patients and the public as well as professionals can identify a number of key issues of relevance to palliative care.
- The EUnetHTA core model was a comprehensive guide for discussions.
- The key issues raised by stakeholders can be used to inform relevant questions for the HTA.
- None-the-less a number of methodological, ethical and practical issues need to be considered when engaging patients and the public in scoping for an HTA, especially with regard to palliative care.



# INTEGRATE-HTA

## Stakeholder Advisory Panels (SAPs) in Norway

*Kristin Bakke Lysdahl*



UiO : **University of Oslo**



# Participants

Stakeholders characteristics	Professionals	Patients / relatives
Sex	4 female, 1 male	3 female, 2 male
Age	≥ 50 years	Range: 27 – 81 years
Profession	Physicians, nurses. Clinicians and researchers/managers	Various
Experience	Wide and long, in oncology / palliative care / end of life settings	With different parts of palliative care services, currently involved as patients (3), or relatives/ carers (2)
Residence	All advisors worked / lived in the same area	



# Example of key issues raised:

## Accessibility of Palliative Care Services

- Increase services to ensure equal access independent of:
  - diagnoses: non-cancer patients
  - age: the elderly patients
  - setting: patients in home care and nursing homes
- Include all aspects of services (psycho-social and existential)
- Ensure easy access to services whenever needed (open return to palliative unit)



# Accessibility of Palliative Care Services

## - relates to explaining / solving issues:

- Improve recognitions of palliative care and its holistic approach in the medical environment
- Increase competency, education and research
  - From “field of competency” to formal medical speciality
- Supplement palliative care within the frames of public health services with free-standing hospices?



# Example of key issues raised:

## Overtreatment at the end of life

- Decrease aggressive interventions in end-of-life (cancer) care
- Clarification and common understanding of concepts related to withholding of treatment



# Overtreatment at the end of life - relates to explaining / solving issues:

- Improve cooperation between service units
  - Include palliative care experts in multi disciplinary teams
- Patient autonomy ambivalences
  - Professionals: patient autonomy most important, but often forgotten
  - Patients: balance between need of information and relief of be spared from responsibility of decisions
- Increase implementation of Advance Care Planning (ACP)



# Lessons learned

- Patients/relatives and professionals stakeholders raised a number of interrelated issues, and
- key issues raised providers information relevant within several HTA domains.





# INTEGRATE-HTA

## Stakeholder Advisory Panels (SAPs) in Italy

*Dario Sacchini*



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore



# Participants

Stakeholders characteristics	Professionals	Patients / relatives
Sex	5 female, 3 male	5 female, 2 male
Age	Range: 33 – 67 yy	Range: 33 – 72 yy
Profession	Bioethics, economics, palliative care specialist, nursing, oncology, physiotherapy	Nurse, Secretary, Public official, Lawyer, Retired, Student
Experience	Range: 2 – 15 yy	Range: 1 – 24months
Residence	All advisors worked / lived in the same area	



# Key-issues - 1

Issues	EunetHTA domain
<ul style="list-style-type: none"><li>• Providing palliative care services for all diseases with poor prognosis</li><li>• Need to offer the same service as well as in other countries like in England</li></ul>	Health problem and current use of the technology
<p>(Patients)</p> <ul style="list-style-type: none"><li>• Psychological damages due to terminal illness</li><li>• Providing more patient's awareness about his/her prognosis</li><li>• Loss of consciousness/relationship skills due to opiates</li><li>• Lack of legally authorized staff to move patients within hospices</li></ul>	Safety



# Key-issues - 2

Issues	EunetHTA domain
<p>(Families)</p> <ul style="list-style-type: none"><li>• Economic damages due to temporary suspension from work</li><li>• Social/relational damages: h24 family involvement</li><li>• Psychological damages: waiting for relative's death</li></ul>	Safety
<ul style="list-style-type: none"><li>• Symptoms Control: pain and suffering during the switch of therapy</li></ul>	Clinical Effectiveness
<ul style="list-style-type: none"><li>• Need to homogenise national health reimbursement</li><li>• Increasing funds for palliative care services</li><li>• Increasing number of hospices in Southern Italy</li></ul>	Costs, economic evaluation



# Key-issues - 3

Issues	EunetHTA domain
<ul style="list-style-type: none"><li>• Unequal access to palliative care due to a patchy distribution all over the country</li><li>• Unequal access to palliative care due to due inhomogeneous eligibility criteria</li><li>• Anticipating request time for palliative care (not limited to 3 months of survival prognosis) to avoid loss both of patient's autonomy and possible clinical benefits</li><li>• Modulating information to patients from a quantitative and qualitative point of view</li></ul>	Ethics

# Key-issues - 4

Issues	EunetHTA domain
<ul style="list-style-type: none"><li>• Extending home care and nursing care</li><li>• Setting up a network between hospital and hospice</li><li>• Increasing number of “ad hoc” health professionals</li><li>• Improving quality of life (e.g. providing music in the rooms)</li><li>• Implementing personalized palliative care service pathways</li><li>• Training the relative’s role about palliative care administration</li><li>• Increasing staff training to communicate and inform patients</li><li>• Reducing bureaucracy</li><li>• Increasing number of staff and volunteers that can move patient during the day</li><li>• More public information about palliative care</li><li>• Homogenizing procedures for request home care/ hospice palliative care</li></ul>	Organisational aspects

# Key issues - 5

Issues	EunetHTA domain
<ul style="list-style-type: none"><li>• Develop a real culture on palliative care and end-of-life</li></ul>	Social aspects
<ul style="list-style-type: none"><li>• Need of a better application of the Italian legislation on palliative care (L. 38/2010), especially for what that concerns the set up of new hospices</li><li>• Decrease health tourism within country (among regions)</li><li>• Major public knowledge and awareness about Italian Legislation on palliative care</li></ul>	Legal aspects



# INTEGRATE-HTA

## Stakeholder Advisory Panels (SAPs) in Germany

*Kati Mozygemba*

# Research Question

- What are important aspects (outcome measures) for the benefit assessment of palliative care?

# Data collection

2 focus groups

(4 relatives , 7 professionals (incl. 1 person volunteering), based on Improved Nominal Group Technique

4 interviews with patients

# Participants

Stakeholders characteristics	Professionals	Patients / relatives
Sex	6 female, 1 male	5 female, 3 male
Age range	40-69 years	40-69 years
Profession	<ul style="list-style-type: none"> <li>- Pastor (1)</li> <li>- Nurse (3)</li> <li>- Physician (2)</li> <li>- Social worker (1)</li> <li>- Editor (1)</li> </ul>	Various
Experience	<p>Years of experience: 5 – 18 years</p> <p>Outpatient hospice (2)            Inpatient hospice (1)            Outpatient specialist palliative care (1)            Palliative care unit (2)            Liaison palliative care (1)            Others (2)</p>	different parts of palliative care services
Residence	Northern part of Germany (city and small towns)	

# Examples of key issues raised

## 1. Defining the intervention palliative care

- Especially professionals had difficulties to define the intervention
- Two cultural different traditional lines of PC in Germany lead to different understandings of palliative care
  - A) focusing on palliative medicine as professionalized and specialized medicine
  - B) focusing on hospice and palliative care rooted in a civic movement

# Examples of key issues raised

## 1. Defining the intervention Palliative Care

### Benefit for HTA on Palliative Care

Our research suggests that

- using “bubbles” (e.g. WHO-definition) does not present every day experience
- pre-defined definition could hide cultural differences of
  - ideas of the intervention, and
  - important outcomes (e.g. medical effectiveness vs. trustful relationship with patients)

# Examples of key issues raised

## 2. Professional Cultures in Palliative Care

**Palliative care as an *attitude* contains e.g.**

- holistic care
- egalitarian team work,
- close and trustful relations to patients and their relatives.

**Palliative medicine is associated with e.g.**

- specialized,
- hierarchic,
- fragmented (hospital) care and nursing homes.

# Examples of key issues raised

## 2. Professional Cultures in Palliative Care

### Benefit for HTA on Palliative Care

Knowing that, we

- understand differences in team structure and service delivery
- understand fears of sticking to a different service culture and losing PC as holistic approach

# Examples of key issues raised:

## 3. Professionals' idea of benefit assessment

- Skepticism against benefit assessment as a whole because of the association with
  - economic functionalization,
  - standardization and
  - fracturing the holistic approach into single intervention parts that can be defined and payed easily
- Fear of force to adapt a holistic approach that is useful in the sense of helping (dying) people – “reasonable disutility”

# Examples of key issues raised

## 3. Professionals' idea of benefit assessment

### Benefit for HTA on Palliative Care

Our experience shows that,

- researchers must carefully explain their understanding of benefit assessment, because benefit assessment is culturally associated with economic and medical assessment.

# Lessons learned for scoping in HTA

- Different understandings of the intervention can lead to different outcome measures.
- Professional cultures could represent different ways of service delivery.
- Stakeholders could be skeptical about benefit assessment, because it is associated with economic benefit.



# INTEGRATE-HTA

## Scoping exercise in The Netherlands

*Gert Jan van der Wilt*

# Participants

Stakeholders characteristics	Professionals (n = 12)	Patients (n = 2)
Sex	6 female, 6 male	1 female, 1 male
Profession	Specialist palliative care providers (n = 5) Generalist palliative care providers (n = 2) Nurses (n = 2) Chaplain / spiritual care giver ( n = 3)	Retired
Experience	Nursing home (n = 1) Hospice (n = 1) Elderly care medicine (n = 1) Pain and palliative medicine (n = 1) Pain management (n = 1) General practice (n = 2) Home care (n = 2) Spiritual care (n = 3)	-
Residence	All participant worked / lived in the vicinity of Nijmegen	

# Data analysis

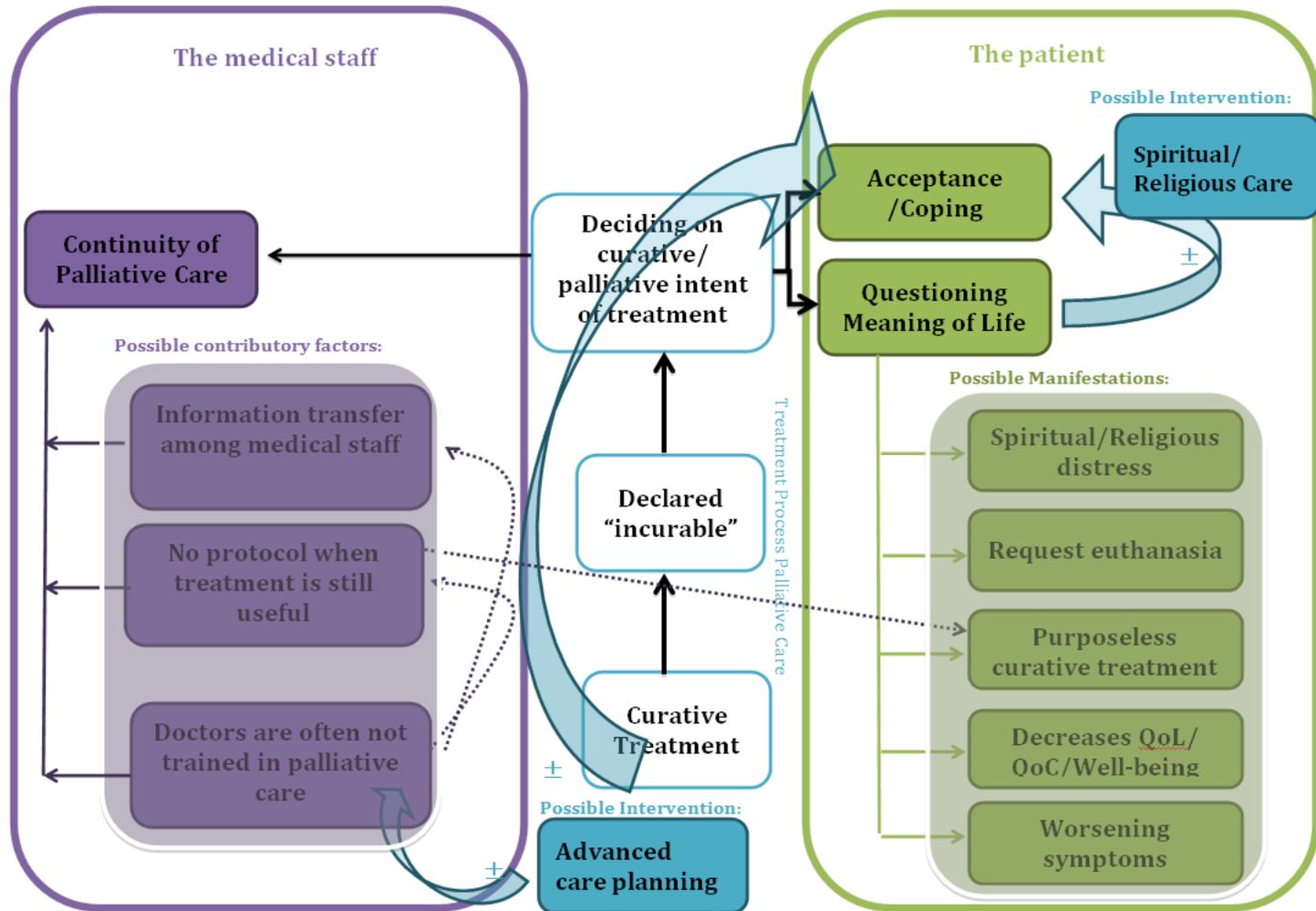
## Reconstructing interpretive frame method

1. Problem definitions
2. Preferred solutions
3. Empirical and ethical background theories
4. Normative preferences



Logic  
model

# Summary of the key findings



# Lessons learned

## Key problem

Transition from curative to palliative care

## Solutions

- Interventions aimed at increasing spiritual well-being
- Continuity of palliative care
- Advanced care planning



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How do the results relate to HTA?

# Implications for an HTA

## *England*

### Problem

Improve assessment of carer's needs

### Solution

Provide training and support for lay carers

### HTA

Is there evidence to suggest that training and support for lay carers relieve carers and as a result improve quality of palliative care?

# Implications for an HTA

## Norway

### Problem

Avoid hospitalisation and overtreatment at the end of life  
→ quality of life / side effects

### Solution

Advanced care planning

### HTA

Is there any evidence to suggest that advanced care planning improves the quality of life at the end of life?



# Implications for an HTA

*Italy*

Problem

Continuity of palliative care / organisation of palliative care

Solution

Setting up a network between hospital and hospice

HTA

Is there evidence to suggest that a network between hospital and hospice improves the quality of palliative care?



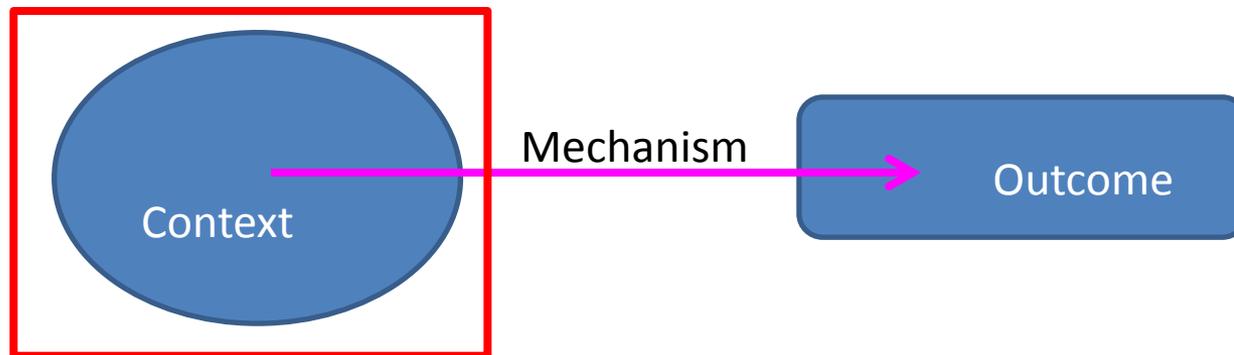
# Implications for an HTA

## Germany

### Problem

Different understandings of palliative care

- focusing on palliative medicine as professionalized and specialized medicine
- focusing on hospice and palliative care rooted in a civic movement



# Implications for an HTA

## Germany

### Problem

Different understandings of palliative care

- focusing on palliative medicine as professionalized and specialized medicine
- focusing on hospice and palliative care rooted in a civic movement

### HTA

Selection of end-points may unwittingly favour either of the two palliative care models!

# Implications for an HTA

## *The Netherlands*

### Problem

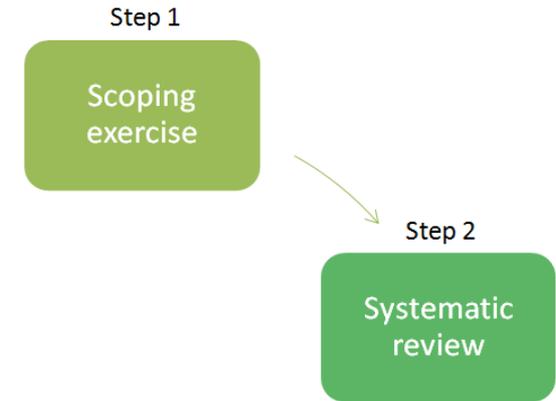
Transition from curative to palliative care

### Solution

Acceptance of life / addressing meaning of life questions

### Relevant questions

Is there evidence to suggest that spiritual interventions improve patients acceptance or coping with facing death?



# Take home message

## A scoping exercise

- Maps key issues in an area
- Can inform an HTA
- Increases ownership of the findings
- Increases legitimacy by respecting stakeholder perspectives
- May make effective implementation of HTA recommendations more likely



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